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The 2019 Raising Hope at Work Employee Giving Campaign begins June 1 and will run through July 19. This year marks 10 years of raising the HOPE! Every dollar you contribute helps support over 150 projects in our community.
marks 10 years of celebrating HOPE! Together, we have contributed to vital improvements in our hospitals and academic centers, and built a powerful legacy of institutional support.

This year's campaign will feature four funds representing children, education, discovery and care.

- Children who deserve healthy hearts - Gifts to the Pediatric Cardiac Cath Lab renovation will help kids receive specialized treatment in a space designed especially for them.
- Students we are educating today to become healers tomorrow - Gifts to the Mobile Outreach Clinic will help to expand the community health outreach our students and faculty deliver every day.
- Researchers making discoveries that change lives - Gifts to the Legacy Program Fund to support the UF Brain Tumor Immunotherapy Program will support research in brain cancer treatment ever forward.
- Patients who receive exceptional care during life-limiting illness - Gifts to the Palliative Care Fund will help extend compassionate, end-of-life care to patients in need.

Ways to give:

**Payroll Deduction**
Payroll deductions will automatically deduct the amount of your choosing each pay period. Deductions begin Sept. 13, 2019 and end Sept. 4, 2020.

- **Hour of Power**: Hour of Power is a special giving level where donors choose to make a payroll deduction gift equal to one hour of pay, per pay period.

**Online One-Time credit card gift**
Cash or Check: Cash and checks must be submitted with a pledge card that includes employee information and fund choice. Three options to submit checks or cash

- **Mail**: UF Health Office of Development, Attn: Raising Hope at Work, P.O. Box 100386, Gainesville, FL 32610-0386
- **Drop off**: UF Health Office of Development, 1329 Building, Suite 3150 (third floor).
- **Team Champion**: Return your completed pledge card and check or cash to your team champion.

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**Welcome New Faculty!**

[Click Here for Photos and More Information]

Lorena De Mena Alvarez, Ph.D. Assistant Scientist, Department of Neurology  
Wai Lau, M.D. Clinical Assistant Professor, Department of Medicine, Division of Nephrology & Hypertension  
Perry Johnson, Ph.D. Clinical Associate Professor, Department of Radiation Oncology  
Tomasz Kozlowski, M.D. Clinical Professor, Department of Surgery

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**New Grants Awarded!**
Brian Hoh, MD. Professor and Chair, Department of Neurosurgery has been awarded a National Institutes of Health R56 grant entitled, "Inflammatory Mediators and Mechanisms of Cerebral Aneurysm Formation and Rupture".

Shannon Boye, PhD. Associate Professor, Department of Ophthalmology, has been awarded a National Institutes of Health R01 grant entitled, "Development of AAV-CRISPR/CAS9-Based Therapies for Cone Rod Dystrophy".

2020 Inspiring Women Leaders-Registration Open!

The Office of Professional and Workforce Development, in partnership with Warrington College of Business and the Office of the Chief Diversity Officer at the University of Florida are pleased to announce the 3rd Annual Inspiring Women Leaders Conference that will be held March 8-10, 2020 at the University of Florida Hilton Conference Center.

This 2 day event will provide personal and professional development opportunities, as well as fun and engaging ways to connect with our conference speakers and attendees. The IWL conference is an interactive learning platform and designed for attendees to learn applicable leadership and business skills.

Join us at the 2020 Inspiring Women's Conference as a speaker to provide an opportunity for participants to learn from leaders in diverse fields, participate in important discussions, share your personal stories, ask meaningful questions, and network with a dynamic community of individuals who want to empower female leaders.

If you are interested in being a speaker at the 2020 IWL Conference, please create an account online to submit a speaker proposal. All applications must be submitted by August 28, 2019. Submissions will be reviewed by the conference planning committee and finalists will be contacted by September 13, 2019. We thank you for your interest.

Visit our website
The Centers for Medicare and Medicaid Services (CMS) is implementing several sections of the Bipartisan Budget Act of 2018 (Public Law 115-123) that will allow Medicare Advantage (MA) plans to offer additional telehealth benefits. Starting in plan year 2020, MA plans may offer - as part of the basic benefit package - MA additional telehealth benefits beyond what is currently allowable under the traditional Medicare Part B (Part B) telehealth benefit. In addition, MA plans will continue to be able to offer MA supplemental benefits (i.e., benefits not covered by Part B) via remote access technologies and/or telemonitoring for those services that do not meet the requirements for coverage under Part B or the requirements for MA additional telehealth benefits.

If a MA plan covers a Part B service as a MA additional telehealth benefit, then the MA plan must also provide access to such service through an in-person visit and not only through electronic exchange. The patient must have the option whether to receive such service through an in-person visit or, if offered by the MA plan, through electronic exchange.

Sources:
SMART Couples Florida
Making SMART Choices for Healthy Relationships

Relationship Skills Workshops

FREE, FUN, FOOD, AND GIFT CARDS
Improve Communication. Resolve Conflicts. Strengthen Your Relationship.

Couples Workshop
ELEVATE: Taking Your Relationship to the Next Level
All classes meet once a week for 5 weeks

Mondays: Jul. 8th, Jul. 15th, Jul. 22nd, Jul. 29th & Aug. 5th
Wednesdays: Jul. 10th, Jul. 17th, Jul. 24th, Jul. 31st & Aug. 7th
Thursdays: Jul. 11th, Jul 18th, Jul. 25th, Aug. 1st & Aug. 8th

All three workshops are held from 6:00pm-8:30pm
Location: University of Florida, McCarty Hall D, 1st floor, Rm. 1044

Saturdays: Jul. 13th, Jul. 20th, Jul. 27th, Aug. 3rd & Aug. 10th
Time: 12:00pm-2:30pm
Location: University of Florida, McCarty Hall D, 1st floor, Rm. 1044

Enroll in a SMART Couples workshop today
Preregistration is required.
Please go to Classes & Events at smartcouples.org or contact
Jaime Haynes (ELEVATE)
352-273-3539
j.haynes@ufl.edu

Check out our easy-to-use website at SMARTcouples.org

UF MEDICAL GUILD REQUEST FOR GRANT PROPOSALS 2019-Deadline Extended
UF Medical Guild Request for Grant Proposals 2019 Deadline Extended to June 28th

The UF Medical Guild is accepting grant applications to fund health-related projects from nonprofit organizations. There is $55,000 available to fund grants ranging from $1,000 to $8,000. If your grant

- relates to health/wellness,
- benefits people in Gainesville/Alachua County and
- can be completed in one year

download an application and instructions from UF Medical Guild website: med.guild.ufl.edu. The application deadline is June 28, 2019. If you have any questions, email ufmedguild@gmail.com

Click here for the grant criteria and instructions

Faculty Research Communications: Provost’s Initiative
Submit your work to be eligible for a $1000 award from the Provost

One of the key elements of elevating the University of Florida’s national and international reputation in pursuit of top-five public university stature is creating national and international interest in your research through coverage in top-tier news media outlets such as the New York Times, the Wall Street Journal and cable and network news programming. UF’s Office of University Relations works with other campus communications professionals to seek out such research, but they rely heavily on you, the faculty, to inform them when your work has been accepted for publication in peer-reviewed journals.

Provost Joe Glover launched the Research Promotion Initiative in April 2018 to encourage faculty to submit their accepted, but unpublished academic research papers for the UF media team to pitch to national and international press and to highlight on UF’s online and social media platforms. If selected, a $1,000 award will be made to the research account of the lead author or whichever member of the research team is authorized to receive and manage funding.

For more information, including how to submit an entry, please go to http://identity.ufl.edu/rpi/.

Submissions from all areas of campus are welcome, but University Relations is especially interested in research in the following strategic focus areas:

- Neuroscience and the Brain
- Biodiversity and the Earth
- Food Safety and Sustainability
- Medicine and Global Health
- Latin America and the Caribbean
- Early Childhood Development
- Renewable Energy
- Cybersecurity
- Drones and Autonomous Vehicles

The $1,000 must be used on your research-related activities, such as travel, books and supplies, etc. All synopses, regardless of whether they are selected by University Relations, will be featured in the Faculty Update newsletter. In addition, entries that are not selected may still be featured on news and social media platforms by University Relations and/or college or unit communications offices.
Please note: If your paper has been accepted by a journal with an embargo policy, please be assured that University Relations will honor the terms of the embargo and they work only with journalists who agree to abide by those terms as well.

### Funding Opportunities

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<td>2019 Updated Federal Salary Cap for Grant Proposals</td>
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<tr>
<td>University of Florida</td>
<td>UF Research Foundation Names 2019 Professors</td>
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<td>Air Force Office of Scientific Research</td>
<td>Military Medical Photonics Program</td>
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<td>Department of Health and Human Services</td>
<td>Ethnic Community Self Help Program</td>
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<tr>
<td>National Institutes of Health</td>
<td>Basic and Translational Research on Adducts in Cancer Risk Identification and Prevention (R01 Clinical Trial Optional)</td>
<td>07/02/2019</td>
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<tr>
<td>National Institutes of Health</td>
<td>Basic and Translational Research on Adducts in Cancer Risk Identification and Prevention (R21 Clinical Trial Optional)</td>
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<td>National Institutes of Health</td>
<td>BRAIN Initiative: Tools to Facilitate High-Throughput Microconnectivity Analysis (R01 Clinical Trial Not Allowed)</td>
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<td>Environmental Influences on Aging: Effects of Extreme Weather and Disaster Events on Aging Populations (R01 Clinical Trial Optional)</td>
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<td>National Institutes of Health</td>
<td>Feasibility of Novel Diagnostics for TB in Endemic Countries (FEND for TB) (U01 Clinical Trial Not Allowed)</td>
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<tr>
<td>National Institutes of Health</td>
<td>Limited Competition: Modular Budget Research Project Grant for NIH Nurse</td>
<td>10/04/2019</td>
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The table below includes the **most recently** published funding opportunities. To see all open funding opportunities, please select "Search Funding" above.
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<td>National Institutes of Health</td>
<td>Oral Health in People Living with HIV and Additional Non-Communicable Diseases (R01 Clinical Trial Not Allowed)</td>
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<tr>
<td>National Institutes of Health</td>
<td>Research Projects to Improve the Predictive Value of Animal Models in Recapitulating Human Immunity to Influenza Infection and Vaccination (R21 Clinical Trial Not Allowed)</td>
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<td>National Science Foundation</td>
<td>Centers for Chemical Innovation (CCI) Phase I Awards and New/Renewal Phase II Centers</td>
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<td>National Science Foundation</td>
<td>Dear Colleague Letter: Storm Penetrating Aircraft Capability - Concepts for Development and Operations</td>
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<td>National Science Foundation</td>
<td>Division of Chemistry: Disciplinary Research Programs (CHE-DRP)</td>
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**Center Type**

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<td>NASA</td>
<td>NASA Postdoctoral Program</td>
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**International**

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<td>Department of Defense</td>
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<tr>
<td>National Institutes of Health</td>
<td>Feasibility of Novel Diagnostics for TB in Endemic Countries (FEND for TB) (U01 Clinical Trial Not Allowed)</td>
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If you have questions, please contact the Division of Research Program Development.

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Plank & Drank Challenge
This Weekend

Register Now for the Plank & Drank Challenge!

It's that time of year again! The Plank & Drank Challenge returns for its second year to help you hydrate and motivate! Grab your friends and coworkers to help you work your way through 28 days of ab-blasting, water-bottle filling fun!

How to Register for the Challenge
1. Click here to sign up to receive Plank & Drank emails.
2. Log in to Walker Tracker and join the Plank & Drank competition.

Why Should I Track My Water Intake?
Drinking enough water can improve your focus, fuel your muscles, improve your digestion and so much more! Tracking your water intake can help you find the balance that's right for you!

Why Should I Plank?
SATURDAY
MAY 23
Pilates
9:45 A.m
Why Should I Plank?
Planking is a core exercise that can improve your posture and reduce back pain! On top of that, all exercise releases "feel-good" endorphins, which can help improve your mood.

The challenge begins July 1 and runs through July 28! Learn more on the GatorCare website.

Burger Challenge Prizes

Mark your calendar for the Healthy Burger Recipe Challenge, running from July 1-31! We want to see your healthiest, tastiest burger!

This challenge will have winners, and we want to know what YOU would like to see as an award for this competition. Click here to vote!

Group Nutrition Counseling: Fad Diets

Interested in attending a group nutrition session? Join the GatorCare Registered Dietitian on June 25 from 12-1pm in conference room 4150 in the 1329 building to answer your questions in a group setting encouraging Q&A and discussion! Various fad diets will be discussed including debunking of these food trends.

Contact bbes0001@shands.ufl.edu for more details and to register.

Guided Meditation Call

Every Wednesday through the end of June, the 10@10 Campaign will include a live 10-minute guided mediation via zoom. The guided meditation sessions will be led by Dr Marika Alois, Dr Lisa Merlo, and Dr Carol Lewis.

- On the phone dial +1 646 558 8656 US (New York) Meeting ID: 443 386 835
- On the web via Zoom (Password: 10@10)

Visit the campaign page for more information.

Last Chance to Redeem Plant-Based Stamp Card

Earn a stamp for each time you purchase a meal from the plant-based menu on Thursdays and Fridays at the UF Health Shands Hospital Café, the 1329 Café, and the UF Health Heart & Vascular and Neuromedicine Café. Earn 5 stamps to redeem your card for a $5 Opus gift card. The last day to redeem stamp cards is June 30. Find out more about the plant-based menu.
Care@Work for faculty, staff, and Housestaff

Get the house in-law ready.

Find a housekeeper

Hate finding rogue tinsel... in March?

Find a housekeeper

School is closed for how long?

Find a sitter

Mom and dad could use some extra help.

Get started
The S.A.F.E. (Self-Defense Awareness and familiarization Exchange) program is taught by nationally certified instructor who is dedicated to help members of our community become more aware of and better familiar with basic self-defense concepts. The course is a 2 hour class geared toward adult and teenage women. The class starts with a short introduction video, then progresses into a 1 1/2 hour physical self-defense familiarization presentation.

The class are free, but enrollment is limited to ensure the highest level of quality instruction. Here is the current schedule for the 2019 year.
Tuesday, August 27, 2019 / 6:00 p.m. to 8:00 p.m.
Monday, September 9, 2019 / 6:00 p.m. to 8:00 p.m.
Tuesday, October 15, 2019 / 6:00 p.m. to 8:00 p.m.
Tuesday, December 10, 2019 / 6:00 p.m. to 8:00 p.m.

All classes will be held at the UFPD - Community Services Division classroom (Building 596). The UFPD is located at the corner of Museum Road and Newell Drive.

To register, please email the Program Coordinator using our online Inquiries & Registration form or by calling (352) 273-3328. Please provide your name, email address, phone number, and which class dates you would like to attend.

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**UF Health Highlights**

Meet Dr. Luis Pulido in the Department of Orthopaedics and Rehabilitation

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**More options for nursing mothers at UF Health**
Nursing mothers now have two new places to conveniently and privately pump breast milk or breastfeed in our health science center complex. In early November, UF installed two additional modular "lactation pods," made by Mamava™: one in the Communicore Building (near the second-floor elevators) and one in the Health Professions, Nursing & Pharmacy, or HPNP, Building (on the second floor). The latter is also accessible for people with disabilities.

This follows the success of our first Mamava™ lactation pod, introduced last fall in the public hallway near the first-floor outpatient pharmacy, between the UF Health Shands Hospital Atrium and the UF College of Dentistry/west entrance.

"Mothers who are on the go - such as our faculty, staff, residents and students - have even more resources where they can privately pump breast milk or feed an infant," said Dennis Hines, UF Health Medical and Health Administration associate director. "They are also available for visitors to these buildings. We're pleased to offer nursing mothers discreet and welcoming choices to support them where they work and go to school."

UF Business Affairs purchased the mobile units from Mamava for about $15,000 each. The manufacturer designs the pods "to reach mamas where they travel, receive health care, work, shop and play." The pods are now popular in high-traffic areas such as airports, shopping centers and hospitals.

Our pods require the user to use the free Mamava mobile app, which shows where pods are located and is used to unlock the pod door when it's unoccupied. Each well-lit unit is spacious and comfortable, with two molded plastic benches, a shelf, an electrical outlet and a USB port.

Hines added, "There was a great response to our first pod, and use of the app helped us track usage and make the case to purchase more units. These are great options to have in our busy academic health center that complement existing lactation resources."

**Did you know?**
UF Health has the community's only official "Baby-Friendly" hospital: UF Health Shands Hospital is designated by Baby-Friendly USA.

**Lactation locations:**
UF Health is committed to supporting, protecting and promoting breastfeeding. Our lactation resources available to faculty, staff, residents, outpatients, visitors and students at our Archer Road facilities now include:
UF Health Shands Hospital, First Floor (near Outpatient Pharmacy and Outpatient Lab)
UF Health Shands Hospital, Seventh Floor, Room 7502 (five pumping stations)
UF Health Shands Cancer Hospital, Sixth Floor, Room 6012 (two pumping stations)
UF Health Heart & Vascular and UF Health Neuromedicine hospitals, Fourth Floor, Rooms 4537 and 4539 (one individual pumping station in each room)
Communicore Building, Second Floor (near the elevators)
PHHP Building, Second Floor (in the lobby area between the College of Public Health and Health Professions and the College of Nursing sections). This Pod is an ADA-accessible unit to accommodate people with disabilities.

Note: Our inpatients' needs are accommodated by lactation resources on hospital units.

Your Ombuds- Confidential resource for faculty

The Office of the Ombuds for Faculty provides a confidential environment in which faculty can receive informal, impartial and independent assistance for conflict resolution. The Ombuds may also offer assistance to faculty seeking information on university conflict resolution processes.

The role of the Ombuds is to offer an impartial perspective in informal resolution procedures. The Ombuds does not advocate for an individual or the institution nor attempt to mediate a dispute. The Ombuds does not replace the institution's existing processes and resources for formal conflict resolution.

The Ombuds will:

- Provide a confidential environment to listen to questions and concerns
- Help identify alternative options and appropriate resources
- Explain University policies and procedures, including informal resolution and grievance options
- Offer an impartial perspective
- Assist with early strategizing to solve problems and minimize the potential escalation of conflict
- Identify patterns of emerging issues and, as needed, recommend university policy review based on these patterns

Appointments with the Ombuds should be made by email at stonek@ufl.edu.

To maintain confidentiality use email only to schedule appointments.

The email message should read, "My name is (...........) and I would like to make an appointment with the Ombuds. My contact information is (email address) and (phone number)".
Next meeting, Tuesday, July 2, 2019 at 5:00 pm in M112

Check the website for information about meetings and activities:
http://facultycouncil.med.ufl.edu/

Upcoming Educational & Professional Development Seminars:

Learn-Discover-Lead Seminars

The Art (and Science) of Writing Effective Multiple Choice Questions
Friday September 13, 2019 at 12:00-1:00pm
Location: Communicore C1-15
Dr. Patrick Duff
Click Here for more information

These seminars will be recorded and can all be viewed online at
https://facultyaffairs.med.ufl.edu/upcoming-events/faculty-development-seminar-series/