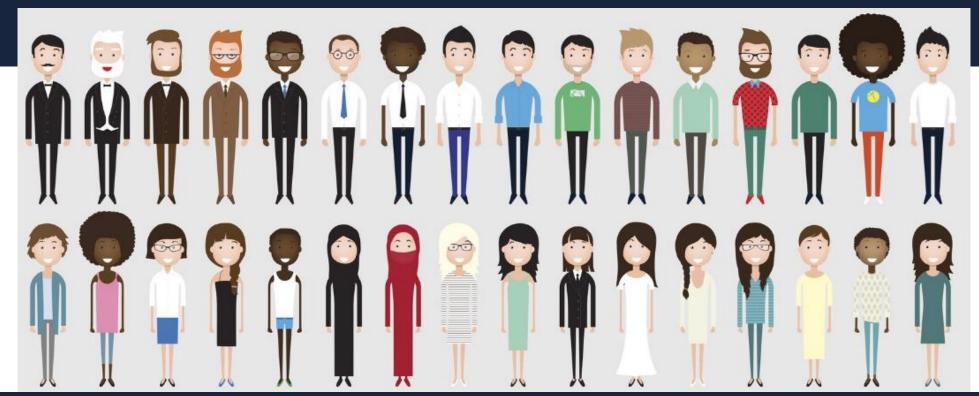
UF COM FACULTY BOOTCAMP: Finding Balance by Identifying What Success Means to You



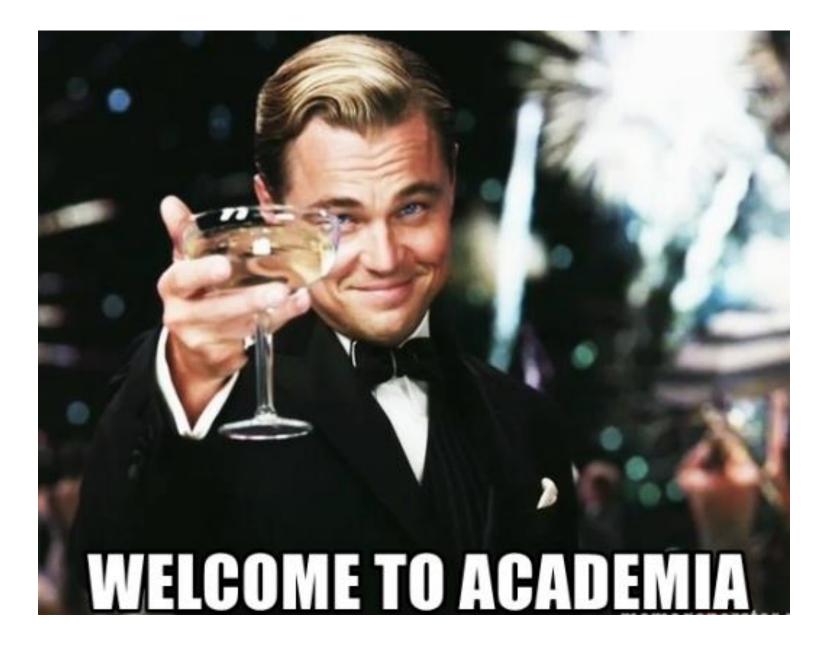
Michelle Cardel, PhD, MS, RD, FTOS Assistant Professor, Department of Health Outcomes & Biomedical Informatics University of Florida College of Medicine



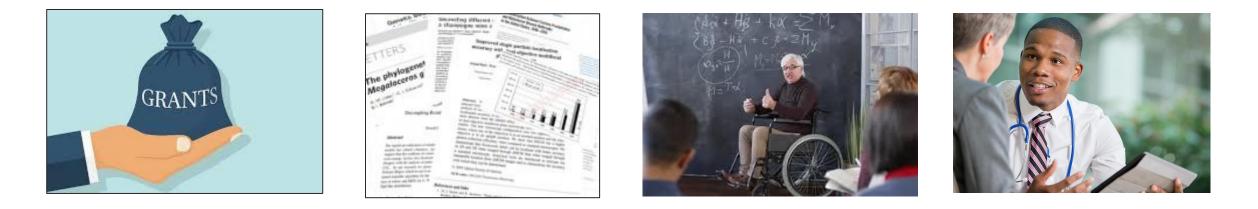
@MichelleCardel

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WHAT DOES "SUCCESS" LOOKS LIKE IN ACADEMIA



- Antiquated definition of what is "success" in academia
- Bias in metrics related to publications, federal funding, clinical evaluations, and teaching evaluations
 Disparities likely to be magnified during/after COVID19



CALL TO ACTION: REINVENT WHAT "SUCCESS" LOOKS LIKE IN ACADEMIA

 Add in increased service, experiences with sexual harassment, and other barriers to success
Leads to compounding negative effect







MENTORING



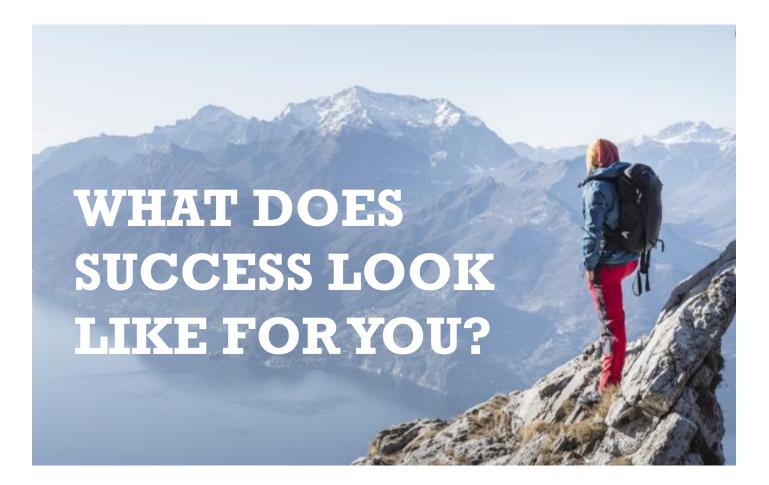
SCIENCE COMMUNICATION



TRANSLATING RESEARCH INTO PRACTICE OR POLICY



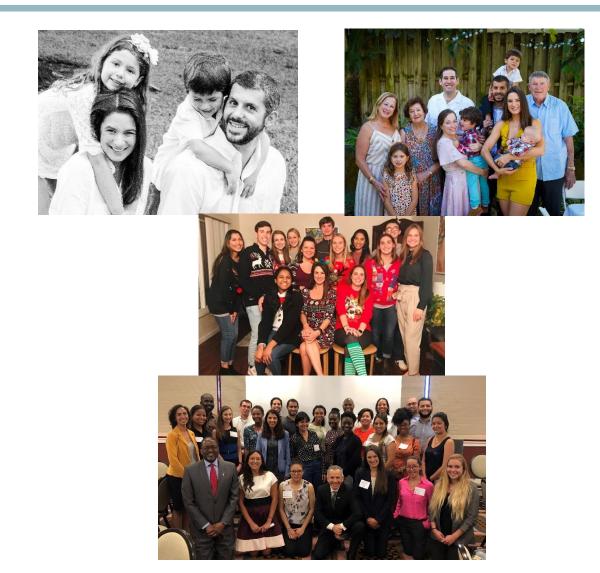
DEFINE WHAT SUCCESS LOOKS LIKE FOR YOU





DEFINE WHAT SUCCESS LOOKS LIKE FOR YOU







DEFINE WHAT SUCCESS LOOKS LIKE FOR YOU AND LET THAT DEFINE HOW YOU WILL STRIVE FOR WORK-LIFE BALANCE













THANK YOU!

Please feel free to contact me with any comments or questions:

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