# How I use Social Media as a Basic Researcher

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## Why did I start a Twitter account?

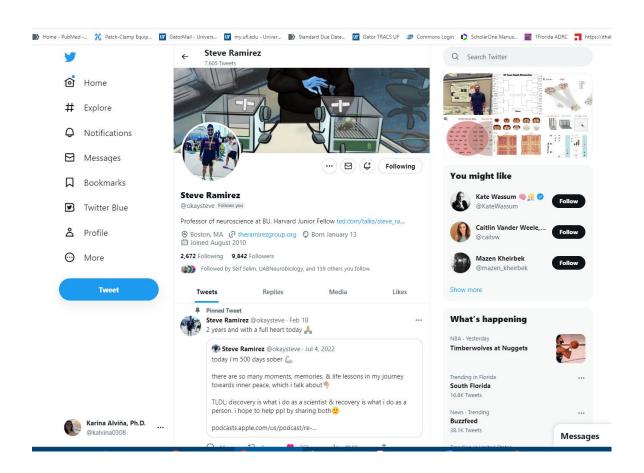
- Teaching undergrad/grad courses, i wanted to motivate students to get excited about science!
- Offered extra credit for posting papers on Twitter!
- Students liked it! (but also, most only twitted just enough to get the extra credit...)
- Decided to continue but focused on science only (no personal account)
- Discovered "science Twitter"

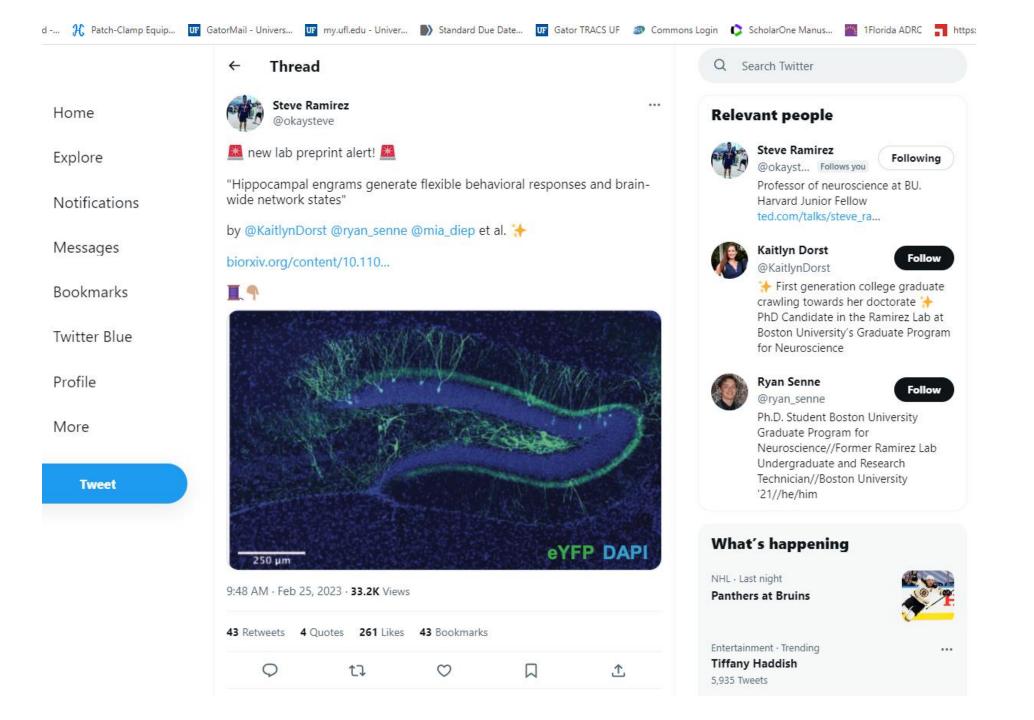
# Science twitter (before EM)

- Very active platform where many scientist used to promote their work
- Some were science-focused only, some were not...
- "Tweetorial" (or a twitter thread explaining your newly published paper!)

### Great example

- Steve Ramirez, Assistant Prof at Boston U.
- Ph.D. from MIT working with Prof. Susumu Tonegawa





# Take home message

 Social media offers rapid dissemination of research work, potential increases in the novel and traditional impact metrics for publications, and may also facilitate academic promotion.

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122

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#### **REVIEW ARTICLE**

Social Media as a Means to Disseminate and Advocate Cardiovascular Research: Why, How, and Best Practices

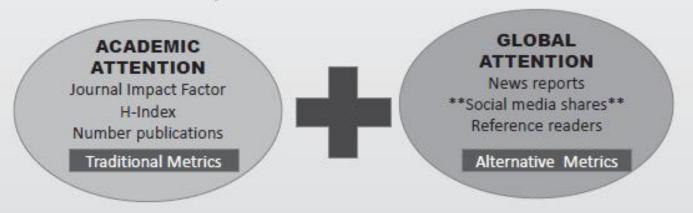
Giuliana Lee<sup>1</sup>, Andrew D. Choi<sup>2</sup> and Erin D. Michos<sup>3,\*</sup>

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#### Social Media measures real-time impact of publications

#### <u>Altmetrics</u>

- · Attention to scholarly outputs in non-traditional sources (news, blogs, \*\*social media\*\*)
- Track dissemination beyond the journal w impact on readership <u>shares, retweets,</u> impressions
- · Shows early & real-time impact prior to article citations
- · Links to the URL of the journal article



# See more details Picked up by 89 news outlets Blogged by 8 Tweeted by 181 On 36 Facebook pages Referenced in 1 Wikipedia pages Mentioned in 16 Google+ posts Reddited by 1 On 2 videos 111 readers on Mendeley 1 readers on CiteULike Download: 7,053

Altmetrics as of July 13, 2019 for
Anderson J..., Michos ED. Calcium Intake From
Diet and Supplements and the Risk of Coronary
Artery Calcification and its Progression Among
Older Adults: 10-Year Follow-up of the MultiEthnic Study of Atherosclerosis (MESA). J Am
Heart Assoc. 2016; 5(10), pii: e003815.

Lee G, Choi AD, Michos ED. Current Cardiology Reviews, 2019

#### Social media for academic research



# Other platforms

- Blogging or Vlogging (or video blogging)
- Instagram (photos or videos only).... Maybe not so appropriate for all research, be careful about what can be shared and what cannot (i.e., animal research, privacy issues with patients, etc.)
- Facebook? (not for the younger audience though!)
- LinkedIn... seems to be where many twitter exiles have migrated
- YouTube
- Reddit and other forum platforms
- Researchgate

#### Other resources

 https://conductscience.com/the-impact-of-social-media-onknowledge-dissemination/

https://www.altmetric.com/